

UPPER ROOM BOOKS
SPRING &
SUMMER
2018

WHAT'S NEW FROM THE UPPER ROOM?



| | | |
|----------|----|--|
| Contents | 4 | NEW releases |
| | 8 | LENTEN resources |
| | 11 | Paths of Study |
| | 12 | DEVOTIONAL resources |
| | 14 | Discovery Weekend |
| | 15 | INSPIRATIONAL resources |
| | 23 | The Academy for Spiritual Formation |
| | 24 | PRAYER resources |
| | 32 | OLDER ADULT resources |
| | 36 | SMALL-GROUP resources |
| | 44 | LEADERSHIP resources |
| | 46 | SPIRITUAL GIFTS resources |
| | 47 | HOW to Order from The Upper Room |

***THANK YOU** for your support. Your purchases and donations help sustain our ministry.*

The Upper Room® is a global ministry dedicated to supporting the spiritual life of Christians seeking to know and experience God more fully. We are dedicated to supporting your spiritual formation—to help you cultivate spiritual practices for Christlike living.

How can we help? By connecting you with theologically sound, historically grounded content and experiences that will help teach, guide, and support your spiritual practices. This catalog offers a comprehensive look at our resources that encourage and strengthen your spiritual growth. Come explore the possibilities with us.

Blessings,

THE UPPER ROOM STAFF

A NEW look from UpperRoom.org

Have you seen our new website? It has a new look and new features that we hope will help more people find our content and engage with it in deep and meaningful ways. Visit UpperRoom.org and sign up for a 30-day free trial of our interactive Upper Room *Disciplines* or *The Upper Room* daily devotional guide.

Find your **PERSONAL CONNECTION** to The Upper Room

MAGAZINES & BOOKS

The Upper Room daily devotional guide
El Aposento Alto
devozine
Pockets
Upper Room Books

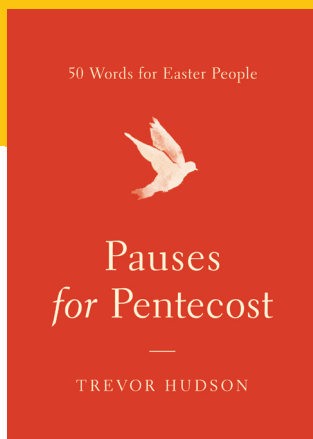
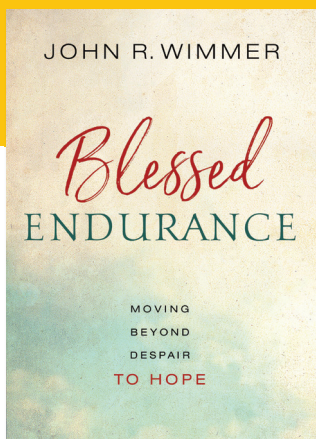
PROGRAMS

Chrysalis
Discovery
Face to Face
Journey to the Table
The Academy for Spiritual Formation
Walk to Emmaus

EXPERIENCES

The Upper Room Chapel
The Upper Room Museum
The Upper Room Bookstore
The Living Prayer Center
eLearning

NEW RELEASES



BLESSED ENDURANCE

Moving Beyond Despair to Hope

John R. Wimmer

Pain, struggle, and despair are part of life, and they test our character as God's people. We can't control many things that happen to us, but we can choose our response to our circumstances. In this inspiring book, you will find practical help for enduring tough times and learn to view them as opportunities for spiritual growth.

PAPERBACK \$9.99
978-0-8358-1777-6

eBOOK \$7.99
978-0-8358-1779-0

KINDLE \$7.99
978-0-8358-1778-3

SPOKEN INTO BEING

Divine Encounters Through Story

Michael E. Williams

Storytelling helps us make sense of the events of our lives, the world around us, and God. When we tell stories, we speak a world into being—just as God did in the creation accounts in the book of Genesis. Using poetry, personal narrative, and retellings of biblical stories, Williams leads us to a deeper knowledge of the power of stories.

PAPERBACK \$12.99
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eBOOK \$9.99
978-0-8358-1709-7

KINDLE \$9.99
978-0-8358-1708-0

AUDIOBOOK \$14.99
978-0-8358-1780-6

SpokenIntoBeing.UpperRoomBooks.com

PAUSES FOR PENTECOST

50 Words for Easter People

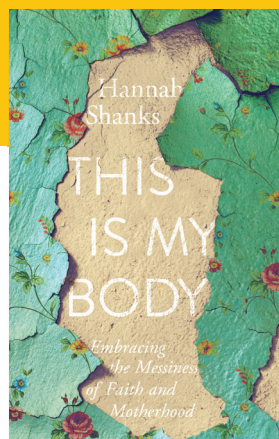
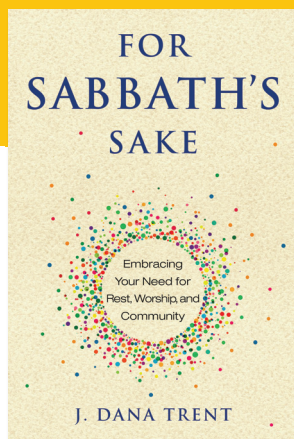
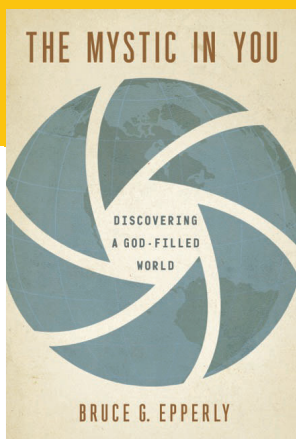
Trevor Hudson

Have you ever paused to deliberately walk the path from Easter to Pentecost? Hudson offers 50 brief meditations that lead you to reflect on a biblical word and scripture passage and do a simple daily practice. Discover what it means to be genuinely empowered by the Holy Spirit.

PAPERBACK \$9.99
978-0-8358-1763-9

eBOOK \$7.99
978-0-8358-1765-3

KINDLE \$7.99
978-0-8358-1764-6



THE MYSTIC IN YOU

Discovering a God-Filled World

Bruce G. Epperly

Can ordinary people become mystics? Practical and accessible, this book helps us experience our world through the eyes of several mystics—people who sense God's presence in their daily lives. Introduces 12 mystics from a variety of historical settings and faith backgrounds, giving insights about their spiritual experiences, lives, and view of God and the world.

PAPERBACK \$13.99
978-0-8358-1760-8

eBOOK \$9.99
978-0-8358-1762-2

KINDLE \$9.99
978-0-8358-1761-5

FOR SABBATH'S SAKE

Embracing Your Need for Rest, Worship, and Community

J. Dana Trent

In our culture of constant busyness, how exactly do we manage to build sabbath time into our busy lives? This book traces the rich history of sabbath and offers practical ways to incorporate sabbath into your life.

PAPERBACK \$12.99
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eBOOK \$9.99
978-0-8358-1721-9

KINDLE \$9.99
978-0-8358-1720-2

AUDIOBOOK \$14.99
978-0-8358-1781-3

THIS IS MY BODY

Embracing the Messiness of Faith and Motherhood

Hannah Shanks

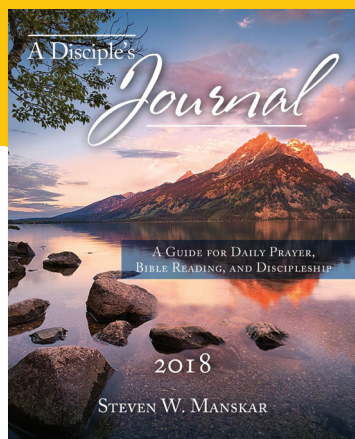
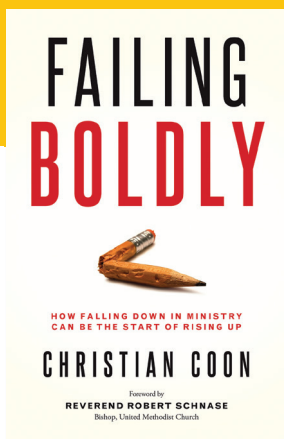
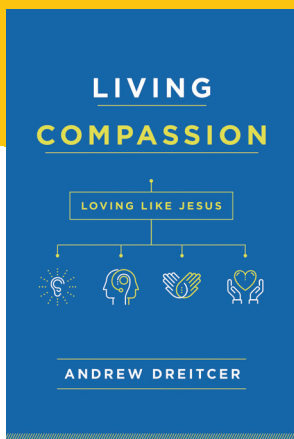
On the day she discovered she was pregnant, Hannah Shanks received Communion. She heard Jesus' familiar words, "This is my body, broken; This is my blood poured out," in a new way and felt closer to God. Reflects on Communion, a central act of the Christian faith, and proclaims that God can be seen through the eyes, bodies, and experiences of women.

PAPERBACK \$13.99
978-1-935205-28-9

eBOOK \$9.99
978-1-935205-30-2

KINDLE \$9.99
978-1-935205-29-6

NEW RELEASES



LIVING COMPASSION

Loving Like Jesus
Andrew Dreitcer

How do we become more compassionate toward others, especially our enemies? This book introduces the Compassion Practice, a compassion formation process that has been developed in the last decade. Each chapter includes a “Review and Practice” section to help you apply what you learned.

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eBOOK \$9.99
978-0-8358-1725-7

KINDLE \$9.99
978-0-8358-1724-0

FAILING BOLDLY

How Falling Down in Ministry Can Be the Start of Rising Up
Christian Coon

Christian Coon takes us through his own missteps and mistakes as the co-founder of the Urban Village Church and shows how failure can serve as a springboard to new possibilities and even a closer connection to God and what leadership means. A must read for those in ministry.

PAPERBACK \$17.00
978-0-88177-878-6

eBOOK \$9.99
978-0-88177-880-0

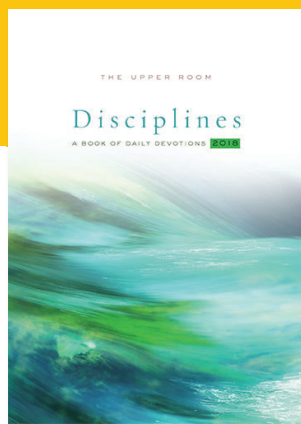
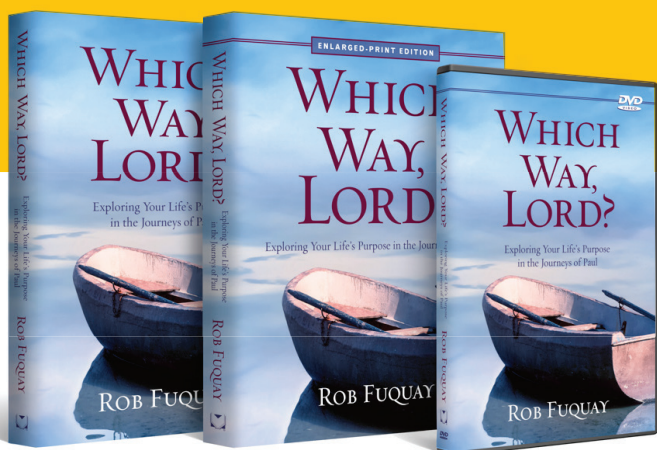
KINDLE \$9.99
978-0-88177-879-3

A DISCIPLE'S JOURNAL 2018

A Guide for Daily Prayer, Bible Reading, and Discipleship
Steven W. Manskar

This carefully designed and deeply Wesleyan journal provides a pattern of daily prayer and scripture reading for disciples who want to grow in holiness of heart and life. Includes: daily lectionary that corresponds with the Revised Common Lectionary, quotes from John Wesley, excerpts from Wesley's sermons, hymns, orders for prayer in the morning and evening, prayers for each day of the week, a journal for discipleship, and a pattern for intercessory prayer.

PAPERBACK \$15.00
978-0-8817-7872-4



eCourse
available

WHICH WAY, LORD?

Exploring Your Life's Purpose in the Journeys of Paul
Rob Fuquay

As Christians, we hunger to know and live out God's purposes for our lives. This 6-session study will help you understand God's desire for your life by unpacking your experiences alongside those of the apostle Paul.

PAPERBACK \$9.99
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ENLARGED PRINT \$9.99
978-0-8358-1703-5

DVD \$39.99
978-0-8358-1706-6

eBOOK \$9.99
978-0-8358-1705-9

KINDLE \$9.99
978-0-8358-1704-2

eCOURSE \$22.00
UReLearning.UpperRoom.org

THE UPPER ROOM DISCIPLINES 2018

A Book of Daily Devotions

Are you looking for simple, easy-to-follow devotions? Find inspiration for your walk with Christ with the insightful daily reflections in *Disciplines*. Fifty-three writers from diverse Christian backgrounds invite you to immerse yourself in scripture and apply its truths to your daily life.

PAPERBACK \$14.99
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ENLARGED PRINT \$17.99
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eBOOK \$9.99
978-0-8358-1627-4

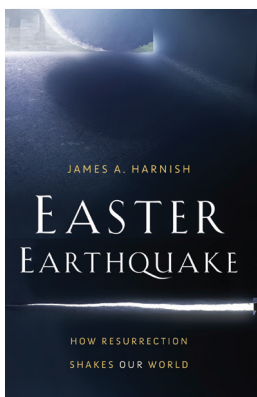
KINDLE \$9.99
978-0-8358-1626-7

URDisciplines.UpperRoomBooks.com

Did you know we offer a new, interactive version of *The Upper Room Disciplines*?

Disciplines offers seven days of engagement with the upcoming Sunday's lectionary texts. Each week of daily devotions is written by one author and focuses on one theme to provide extended depth into how the ancient stories of the Bible apply to our lives today. The paid subscription features the current day's devotion that can be viewed online or received via email, previous devotions, a comment section, the ability to save your favorite devotions, access to the full daily *Disciplines* that includes the ability to search and view the archives, and a mobile app with all features. Get access to daily devotions and engage with *Disciplines* online for \$14.99/year or \$1.99/month. Visit UpperRoom.org/visitor_subscriptions and sign up today.

LENTEN resources



eCourse
available

EASTER EARTHQUAKE

How Resurrection Shakes Our World
James A. Harnish

Have you ever been in an earthquake? James Harnish explores the meaning of the Easter Earthquake. This earthquake shakes up our assumptions about God and about our own lives. Enjoy a practical Lenten study that invites you into a God-soaked world energized by the presence of the risen Christ.

PAPERBACK \$13.99

978-0-8358-1716-5

eBOOK \$9.99

978-0-8358-1718-9

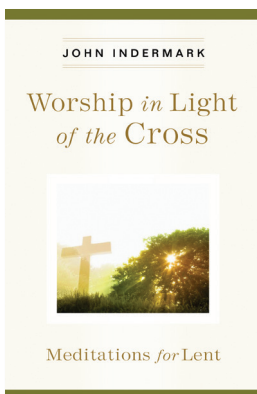
KINDLE \$9.99

978-0-8358-1717-2

eCOURSE \$19.00

eLearning.UpperRoom.org

EasterEarthquake.UpperRoomBooks.com



eCourse
available

WORSHIP IN LIGHT OF THE CROSS

Meditations for Lent
John Indermark

This 6-week study invites you to discover, through reflecting on the cross, what it means to be a faithful disciple of Christ. You will be inspired as you focus on the cross, its impact on Christian worship, and the meaning of Jesus' sacrifice in your daily life.

PAPERBACK \$12.99

978-0-8358-1572-7

eBOOK \$9.99

978-0-8358-1574-1

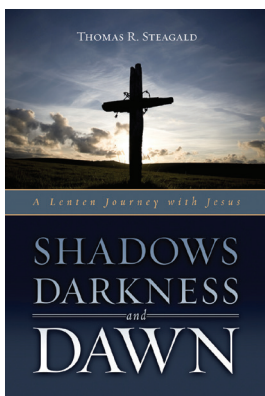
KINDLE \$9.99

978-0-8358-1573-4

eCOURSE \$19.00

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WorshipInLightoftheCross.UpperRoomBooks.com



SHADOWS, DARKNESS, AND DAWN

A Lenten Journey with Jesus
Thomas R. Steagald

Let Thomas Steagald be your travel guide for a 6-week study as you trace the journey of Jesus toward the cross, as well as explore the journeys of people who are touched by him—Nicodemus, the woman at the well, a man who was born blind, Mary and Martha, and others.

PAPERBACK \$7.99

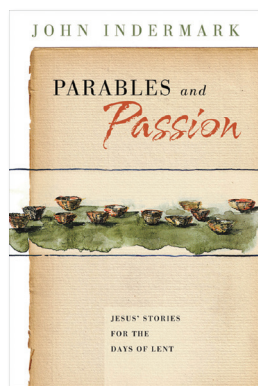
978-0-8358-1032-6

PARABLES AND PASSION

Jesus' Stories for the Days of Lent John Indermark

Discover new insights about the passion story through the lenses of Jesus' parables. Reflect on one parable each day of the season, one thematic chapter per week.

PAPERBACK \$14.99
978-0-8358-1005-0

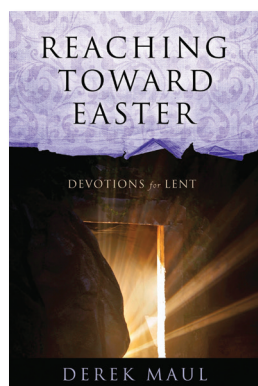


REACHING TOWARD EASTER

Devotions for Lent Derek Maul

Join the author on a devotional pilgrimage through Lent. Features 49 daily devotions that include in-depth Bible study, personal stories, and prayers.

PAPERBACK \$7.99 **eBOOK \$5.99** **KINDLE \$5.99**
978-0-8358-1061-6 978-0-8358-1158-3 978-0-8358-1074-6

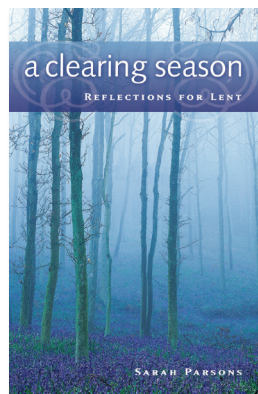


A CLEARING SEASON

Reflections for Lent Sarah Parsons

Consider Lent as your annual invitation to come closer to God. Learn how to clear away your barriers to God and experience the joy of God's presence in your daily life.

PAPERBACK \$13.99
978-0-8358-9817-1

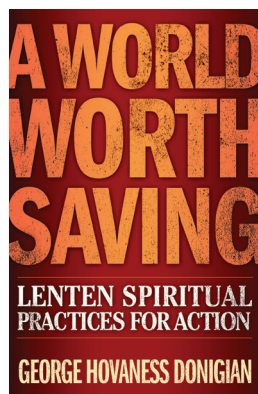


A WORLD WORTH SAVING

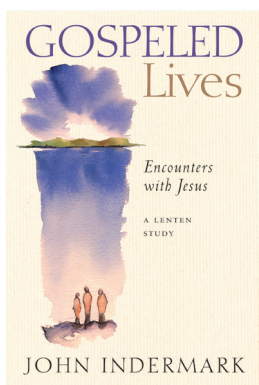
Lenten Spiritual Practices for Action George Hovaness Donigian

For anyone who dismisses Lent as a seemingly endless time of self-sacrifice and introspection, this 6-week study offers a breath of fresh air. It connects prayer and other inner spiritual practices with outward actions of mercy and compassion.

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LENTEN resources



GOSPELED LIVES

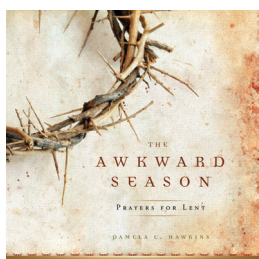
Encounters with Jesus, A Lenten Study
John Indermark

Explore the stories of people who met Jesus and the various ways they responded to him. This 6-week study includes reflections, scripture, prayers, and suggested exercises.

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eBOOK \$9.99
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KINDLE \$9.99
978-0-8358-1658-8

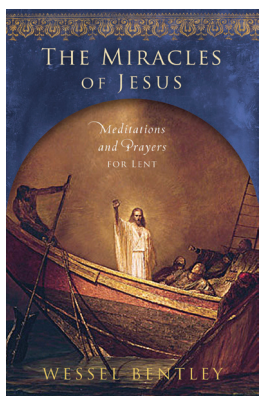


THE AWKWARD SEASON

Prayers for Lent
Pamela C. Hawkins

Lent is an awkward season but also a season rich with possibilities. This unique book offers a simple prayer-filled path to follow through Lent.

PAPERBACK \$7.99
978-0-8358-9997-0



THE MIRACLES OF JESUS

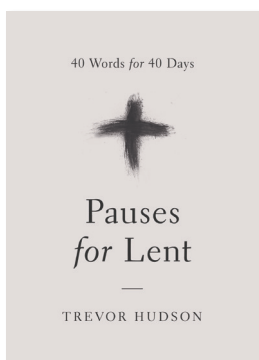
Meditations and Prayers for Lent
Wessel Bentley

Miracles are complex events and are just as powerful today as they were 2,000 years ago. This Lenten study helps you identify with the characters in the Bible stories.

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eBOOK \$6.99
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KINDLE \$6.99
978-0-8358-1121-7



PAUSES FOR LENT

40 Words for 40 Days
Trevor Hudson

Focus on one word each day in Lent. Each meditation pairs the word for the day with a scripture verse, brief insights, and a thought or an action for the day.

PAPERBACK \$8.99
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eBOOK \$4.99
978-0-8358-1505-5

KINDLE \$4.99
978-0-8358-1529-1

What is a **PATH of STUDY?**

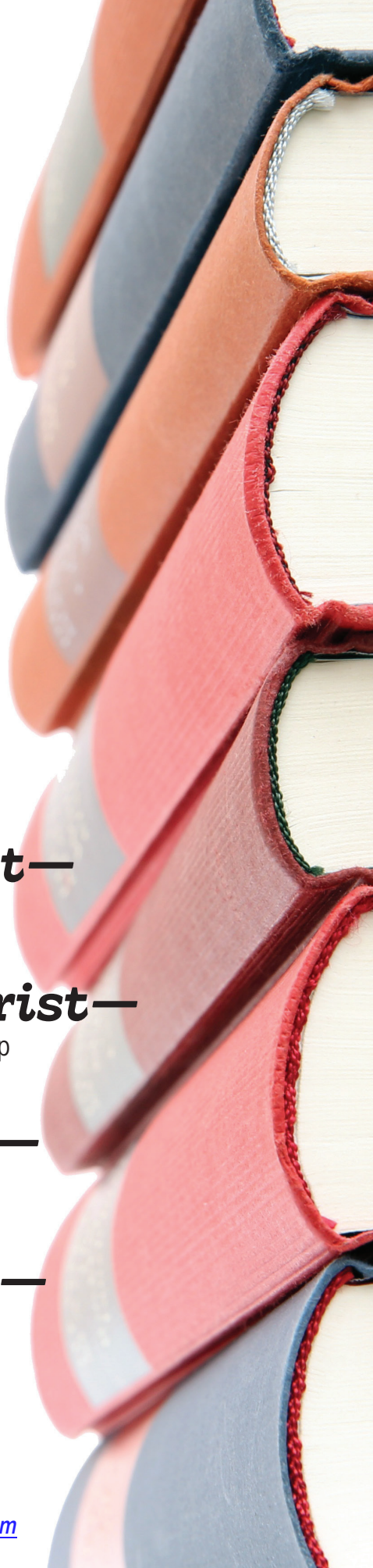
A path can be described as a trail formed by the feet of people or animals. It is also a way of life, conduct, or thought. Not everyone recognizes their path, where to go, or sometimes even where to begin. We use path as a word to guide you in the different levels of Bible study or spiritual formation by topic.

For those who do not have the resources or the time to research how to get started in a study, what to study, or how to go deeper, we offer you options through our paths of study. We define the levels as:

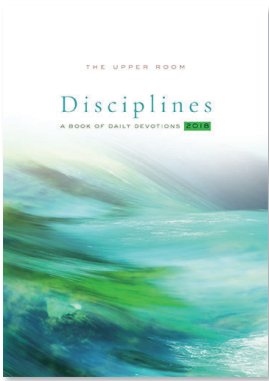
- ***Knowing Christ***—
for those who desire to have a relationship with Jesus.
- ***Growing in Christ***—
for those who already have a relationship with Jesus and want to build on it.
- ***Serving Christ***—
for those seeking ways to serve God and neighbor.
- ***Sharing Christ***—
meeting people where they are and sharing the good news of Jesus Christ.

We offer these paths to help you grow spiritually.

For details, visit PathsofStudy.UpperRoomBooks.com



DEVOTIONAL resources



THE UPPER ROOM DISCIPLINES 2018 A Book of Daily Devotions

Are you looking for simple, easy-to-follow devotions? Find inspiration for your walk with Christ with the insightful daily reflections in *Disciplines*. Fifty-three writers from diverse Christian backgrounds invite you to immerse yourself in scripture and apply its truths to your daily life.

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eBOOK \$9.99
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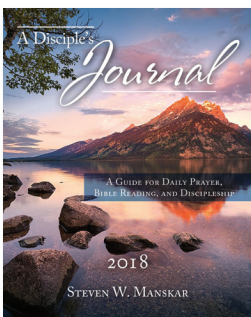
KINDLE \$9.99
978-0-8358-1626-7

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Did you know we offer a new, interactive version of *The Upper Room Disciplines*?

Disciplines offers seven days of engagement with the upcoming Sunday's lectionary texts. Each week of daily devotions is written by one author and focuses on one theme to provide extended depth into how the ancient stories of the Bible apply to our lives today. The paid subscription features the current day's devotion that can be viewed online or received via email, previous devotions, a comment section, the ability to save your favorite devotions, access to the full daily *Disciplines* that includes the ability to search and view the archives, and a mobile app with all features. Get access to daily devotions and engage with *Disciplines* online for \$14.99/year or \$1.99/month.

Visit UpperRoom.org/visitor_subscriptions and sign up today.



A DISCIPLE'S JOURNAL 2018 A Guide for Daily Prayer, Bible Reading, and Discipleship Steven W. Manskar

This carefully designed and deeply Wesleyan journal provides a pattern of daily prayer and scripture reading for disciples who want to grow in holiness of heart and life. Includes: daily lectionary that corresponds with the Revised Common Lectionary, quotes from John Wesley, excerpts from Wesley's sermons, hymns, orders for prayer in the morning and evening, prayers for each day of the week, a journal for discipleship, and a pattern for intercessory prayer.

PAPERBACK \$15.00
978-0-8817-7872-4

BECOMING WHO GOD WANTS YOU TO BE

60 Meditations for Personal Spiritual Direction

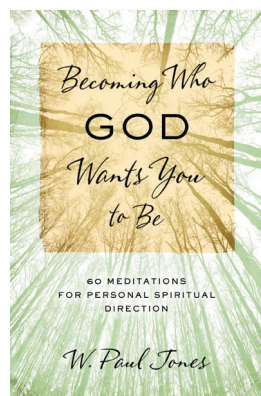
W. Paul Jones

For those who do not have a spiritual director—or are curious about the concept—W. Paul Jones has crafted a series of topical meditations that facilitate self-guided spiritual direction.

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KINDLE \$9.99
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RHYTHMS OF GROWTH

365 Meditations to Nurture the Soul

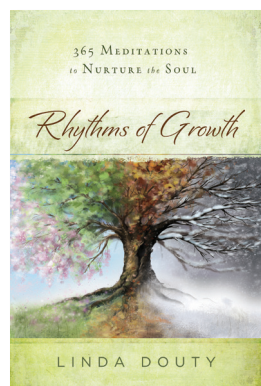
Linda Douty

Uses the seasons of the year to illustrate natural trends in our spiritual lives. Brings together the everyday and the holy and applies biblical truths to our daily lives.

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eBOOK \$9.99
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QUIET SPACES

Prayer Interludes for Women

Patricia Wilson

Quiet spaces are all around you! Capture those 5-minute breaks and use them to touch the hand of God. Also available in Spanish.

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eBOOK \$9.99
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MyQuietSpaces.org



ROOM AT MY TABLE

Preparing Heart and Home for Christian Hospitality

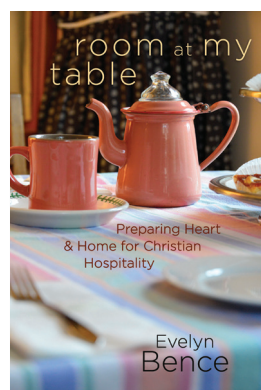
Evelyn Bence

Includes 52 delightful devotions that provide encouragement and camaraderie. Bence gently encourages you to reach out and offer hospitality.

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eBOOK \$9.99
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KINDLE \$9.99
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DISCOVERY WEEKEND

THE UPPER ROOM®

discovery.upperroom.org



COMING APRIL 2018

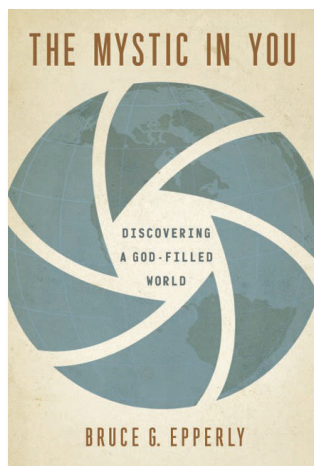
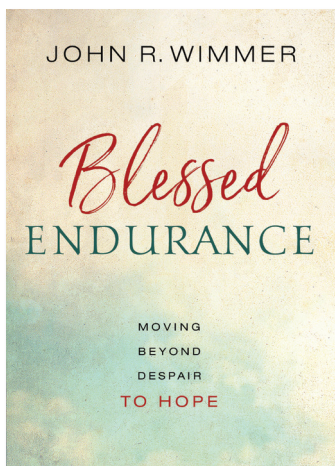
HELPING **MIDDLE SCHOOL YOUTH**
EXPERIENCE GOD'S LOVE

EMPOWERING **HIGH SCHOOL YOUTH**
TO BECOME LEADERS

ENGAGING **EVERY GENERATION**
IN LIFE-CHANGING MINISTRY

To learn more about how to offer Discovery Weekend
at your church, contact our team at
discovery@upperroom.org or 877-899-2780.

INSPIRATIONAL resources



BLESSED ENDURANCE

Moving Beyond Despair to Hope
John R. Wimmer

Where is God when we are hurting or in despair? How can we respond faithfully to situations that cause us pain? Where can we find hope even when we feel hopeless?

Pain, despair, and struggle are part of life, and they test our character as God's people. John Wimmer approaches these challenges to our faith realistically and thoughtfully. Those looking for an easy answer to why despair, pain, and suffering exist will not find it in this book.

This inspiring book offers practical help for moving from pain and despair to the blessing of hope. Wimmer reminds readers that with hope we also have faith—not the false belief that our lives will be pain-free, but true faith that God will lead us through our struggles to more profound depths of spiritual growth and wisdom.

PAPERBACK \$9.99
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Epperly shows how we can experience the living God in the midst of daily life and never again take everyday events for granted.

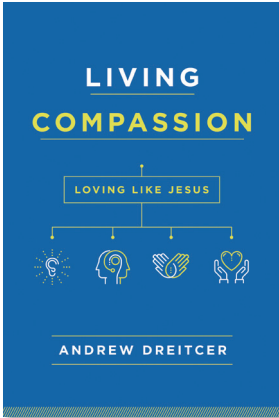
Each of the 12 chapters describes a mystic's life, spiritual experiences, and worldview, and provides spiritual exercises to help us experience the mystic firsthand.

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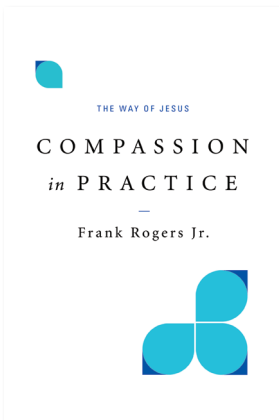
Loving Like Jesus
Andrew Dreitcer

How do we become more compassionate toward others, especially our enemies? This book introduces the Compassion Practice, a compassion formation process that has been developed in the last decade. Each chapter includes a “Review and Practice” section to help you apply what you learned.

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COMPASSION IN PRACTICE

The Way of Jesus
Frank Rogers Jr.

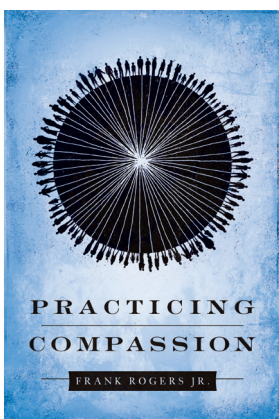
Jesus taught a way of personal and social transformation through the practice of radical compassion. Rogers describes not just what Christian compassion looks like but how to live out compassion in a world ravaged by violence, fear, and reactivity. He expands on his book *Practicing Compassion* to teach us how to love as Jesus loved.

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HOLY SPIRIT HERE AND NOW

Trevor Hudson

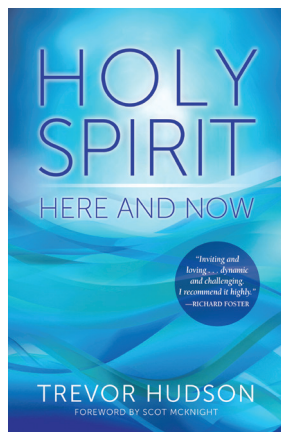
Do you long for something more in your relationship with God?

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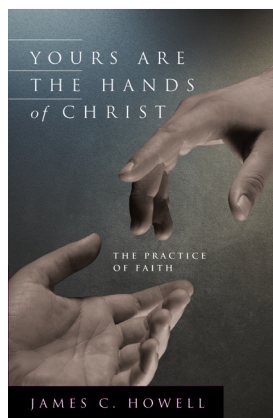
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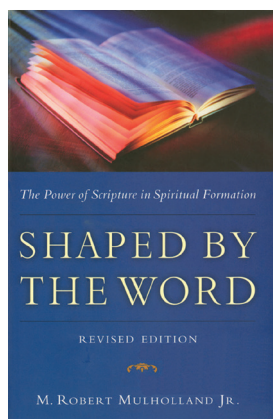
SHAPED BY THE WORD

The Power of Scripture in Spiritual Formation

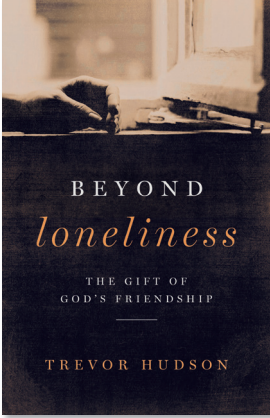
M. Robert Mulholland Jr.

This book explores the role that scripture plays in spiritual formation. Mulholland examines obstacles often encountered in spiritual reading and introduces a new approach to reading that will enliven the scriptures. He also compares informational reading (reading to be informed) with formational reading (reading to be spiritually formed). Readers are released to God's initiative, allowing the scripture to form a spiritual life inside themselves.

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The Gift of God's Friendship
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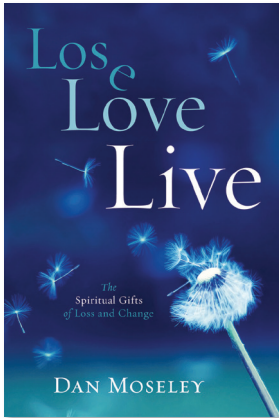
Loneliness touches everyone—rich or poor, young or old. Have you ever considered that God actually longs to be friends with you? Trevor Hudson suggests that friendship with God is the only remedy for the ache of loneliness. Discover how to get to know and deepen your friendship with God.

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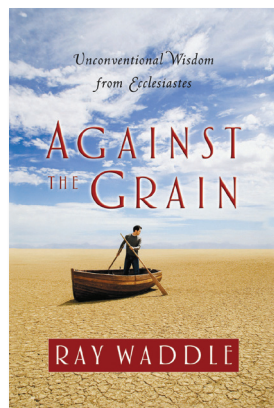
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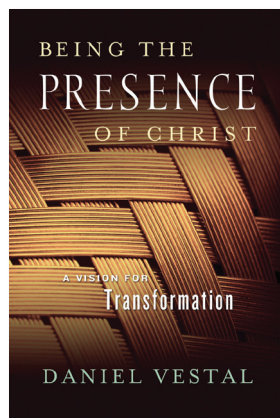
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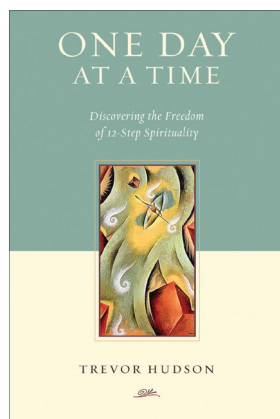
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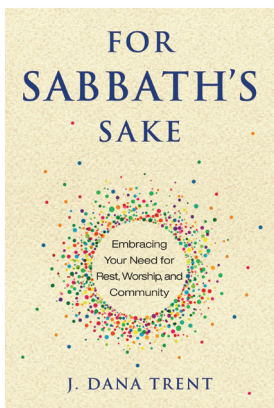
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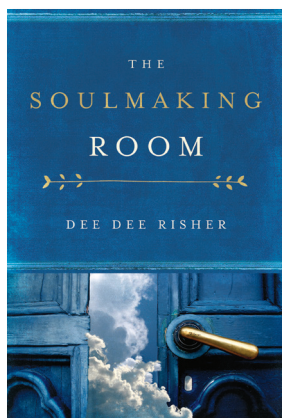
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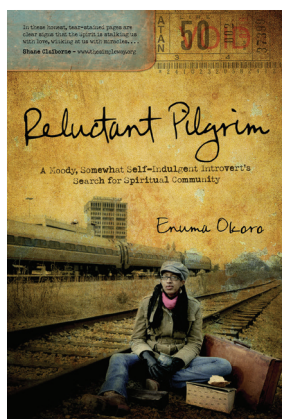
In this powerful and wise book, Risher weaves stories from her life with the biblical story of the prophet Elisha and a woman who built a holy room for him. She encourages us to find our own holy room in which we share community with others and with God, shaping our souls into their unique dimensions.

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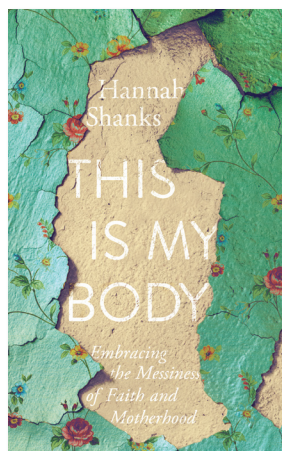
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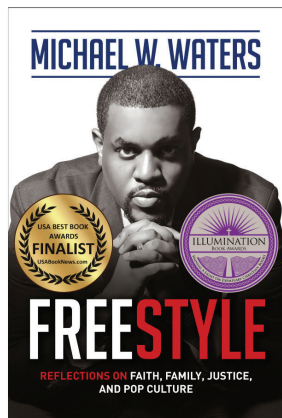
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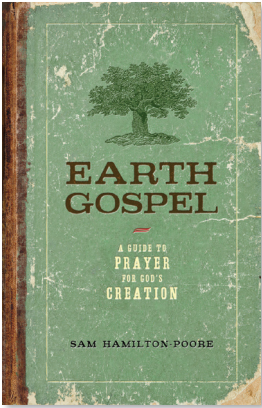
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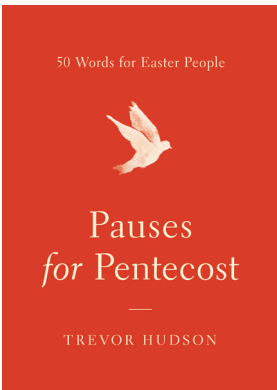


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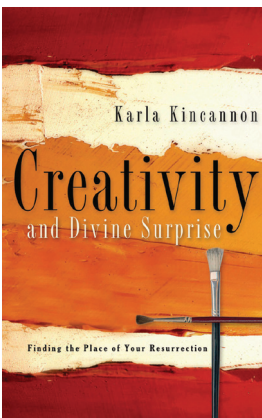


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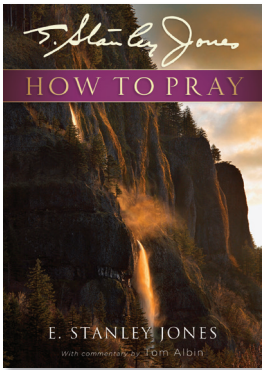
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PRAYER resources



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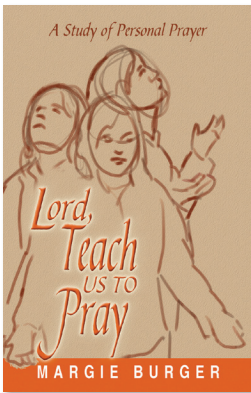
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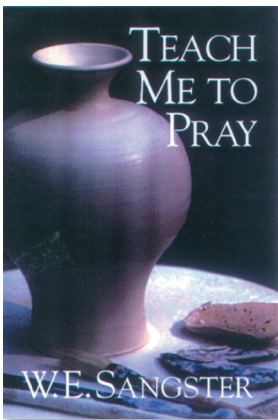


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Thomas R. Hawkins

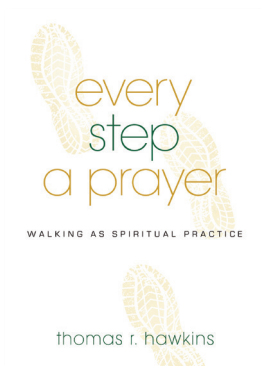
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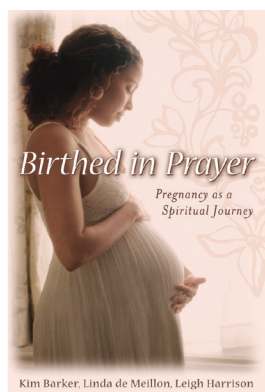
Kim Barker, Linda de Meillon, & Leigh Harrison

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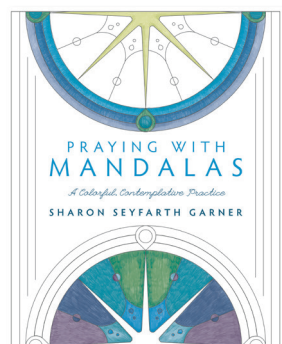
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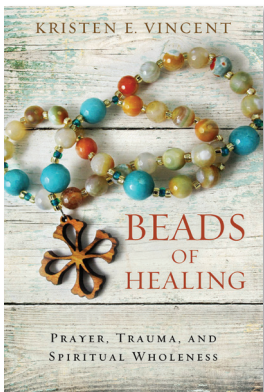
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PRAYER resources



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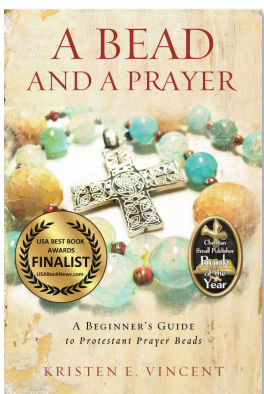
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A BEAD AND A PRAYER

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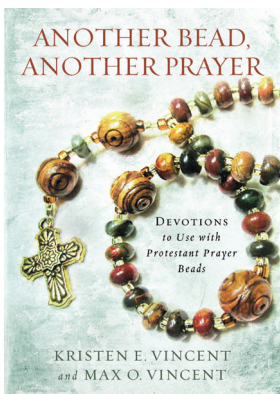
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Kristen E. Vincent & Max O. Vincent

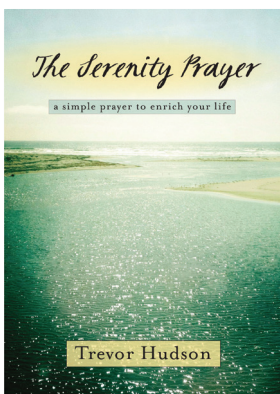
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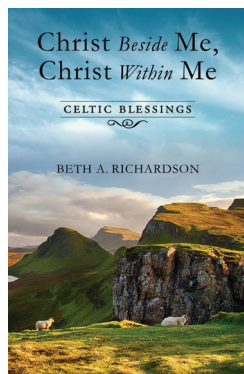
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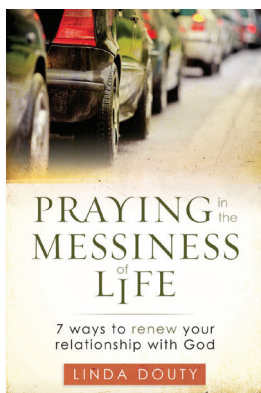
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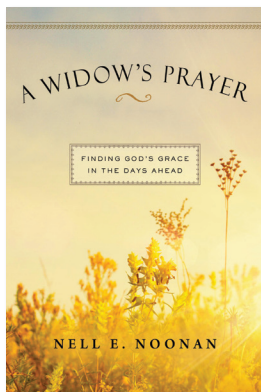
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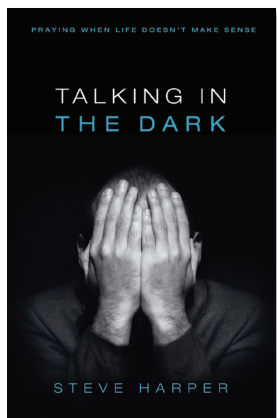
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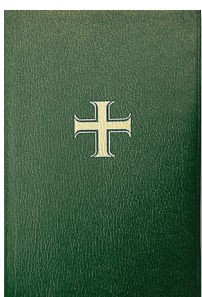
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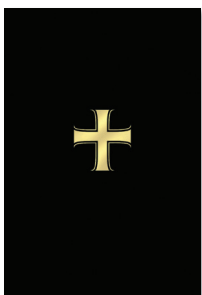
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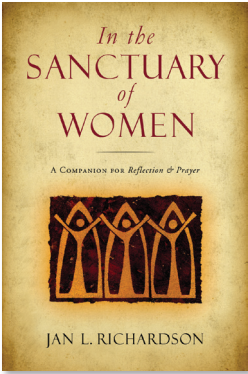
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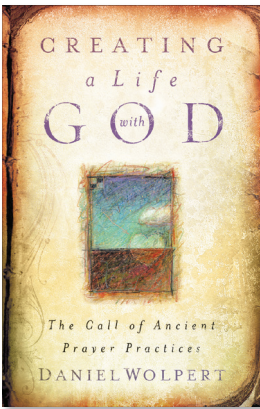
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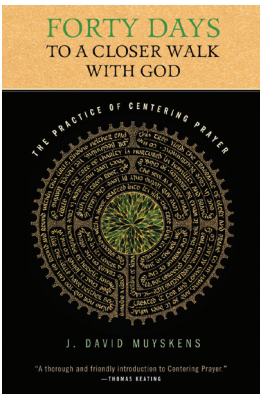
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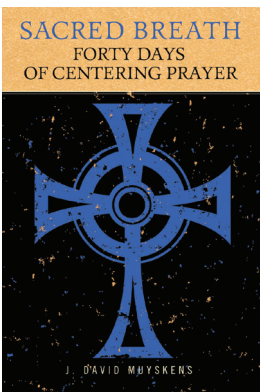
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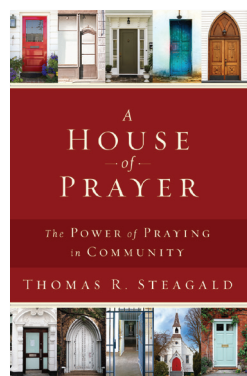
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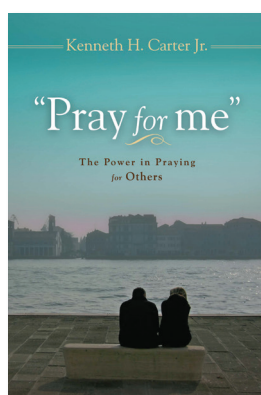
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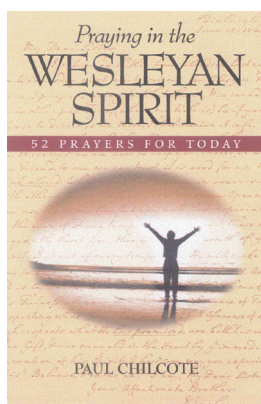
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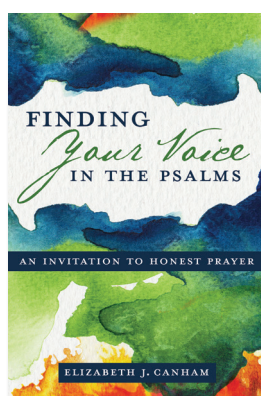
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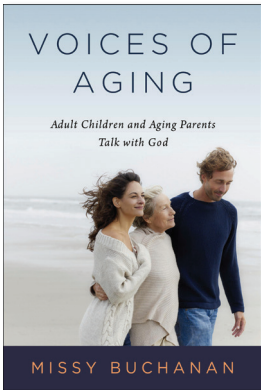
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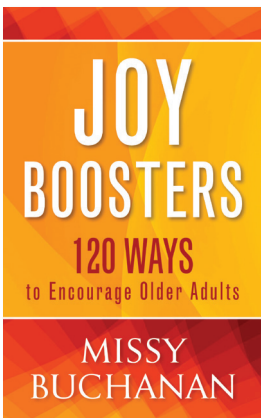
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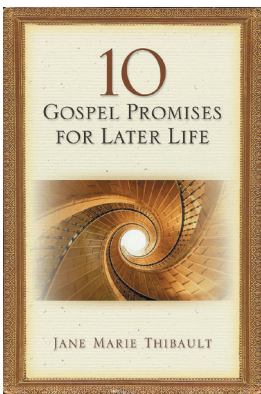
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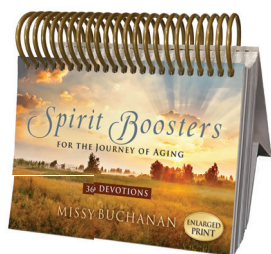
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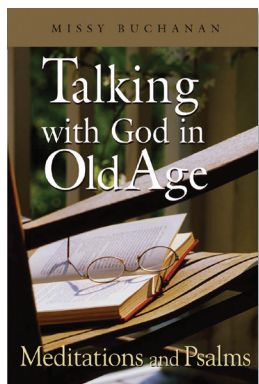
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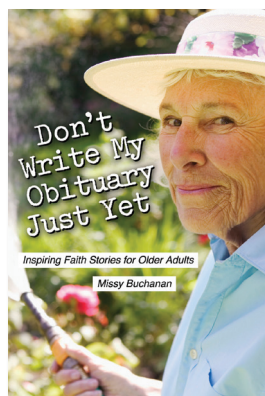
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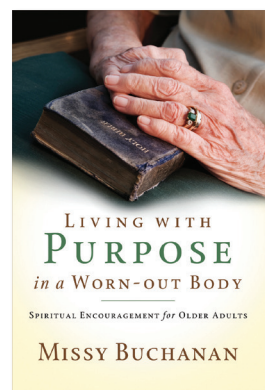
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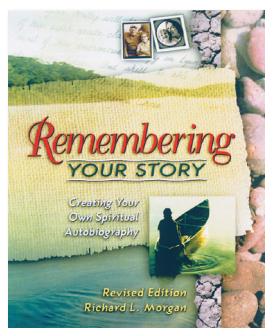
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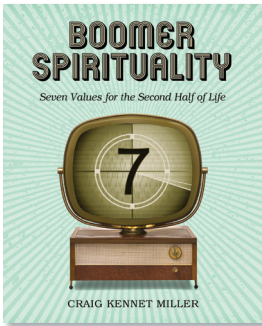
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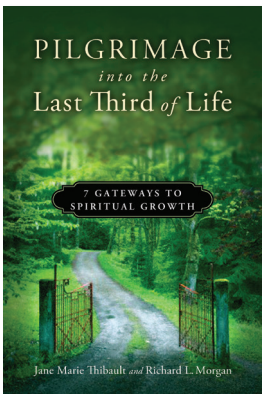
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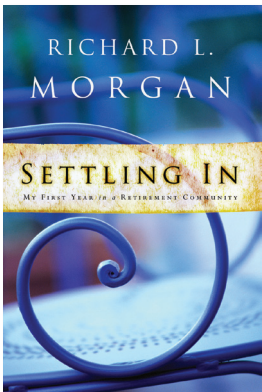
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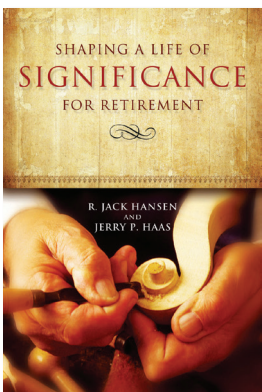
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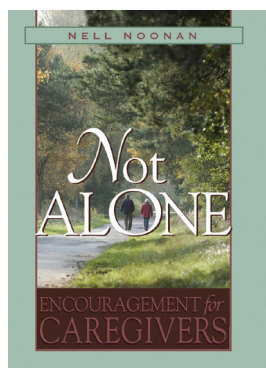
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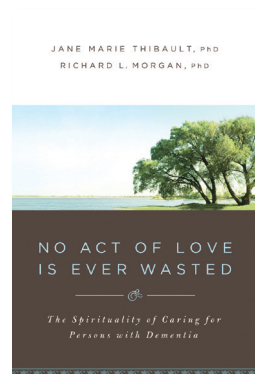
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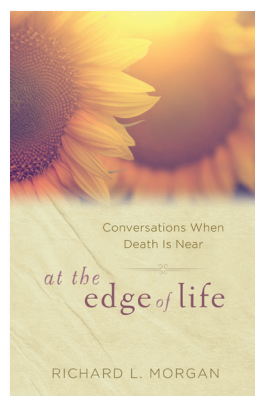
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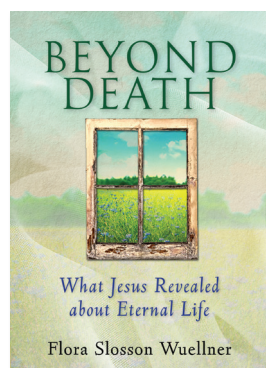
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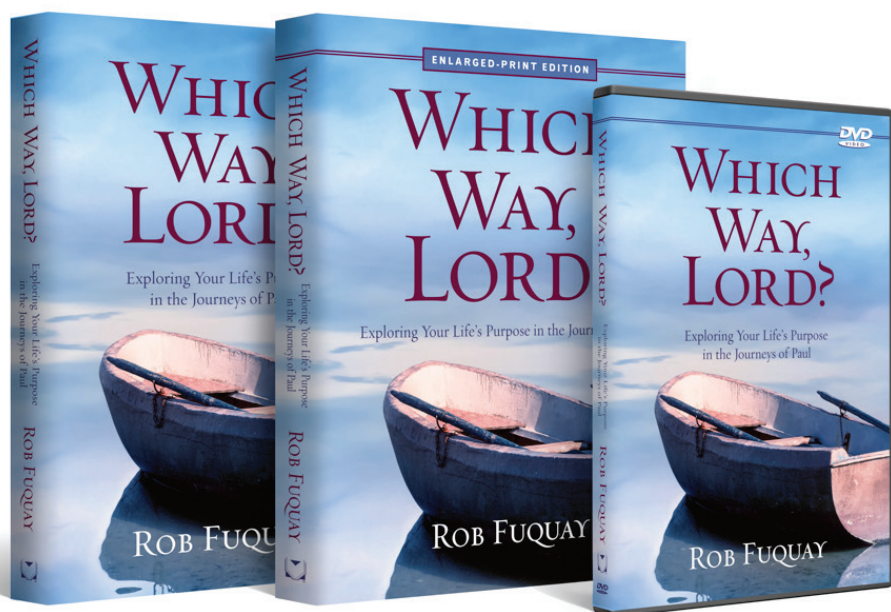
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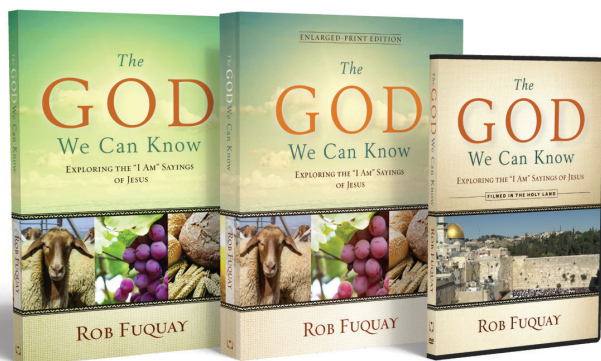
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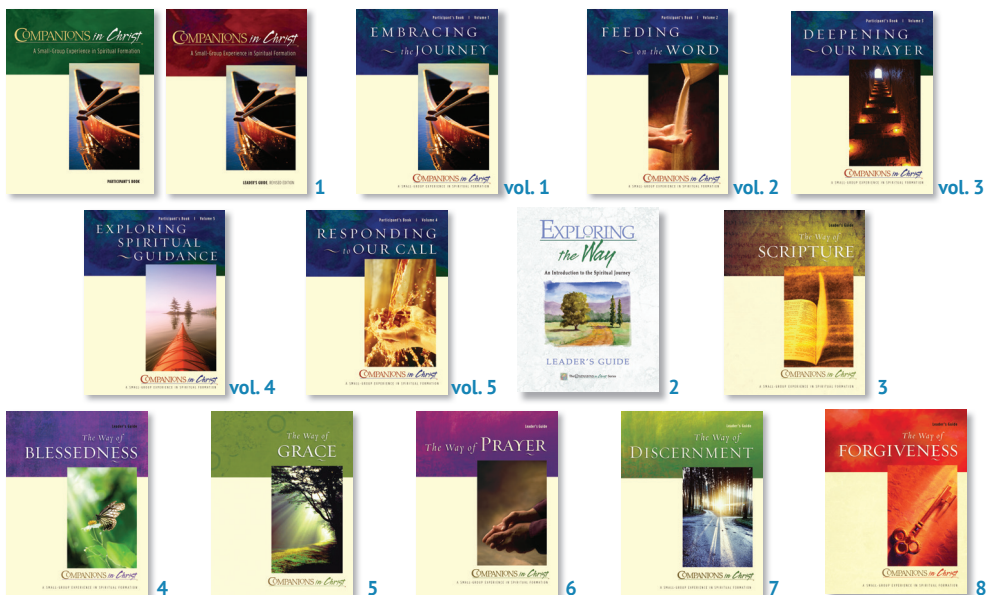
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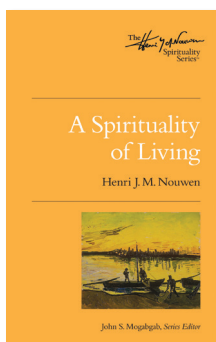
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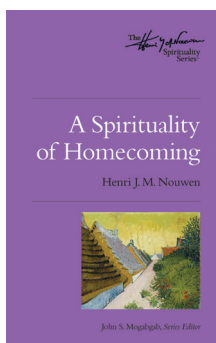
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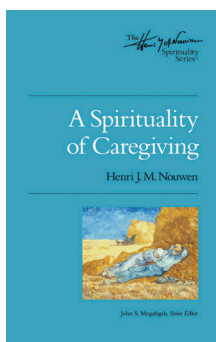
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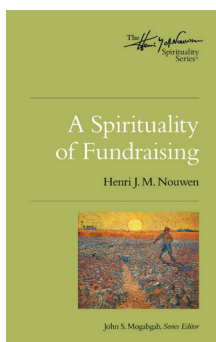


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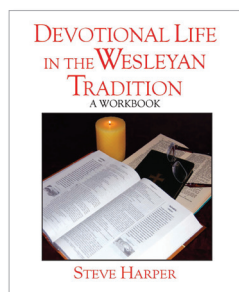
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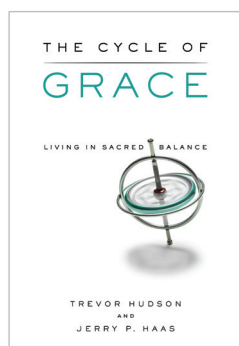
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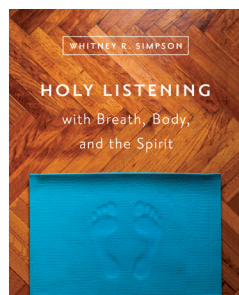
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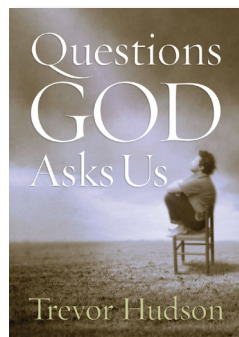
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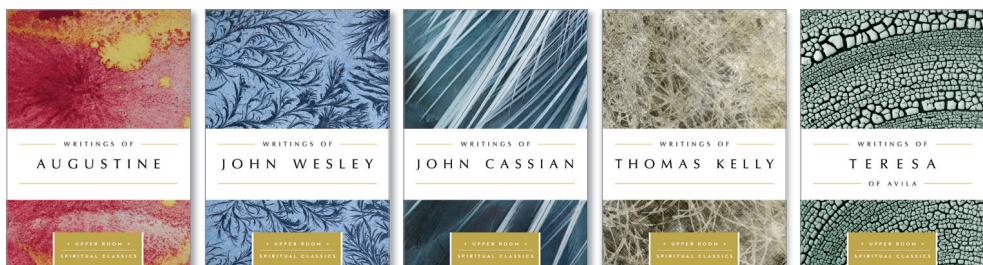
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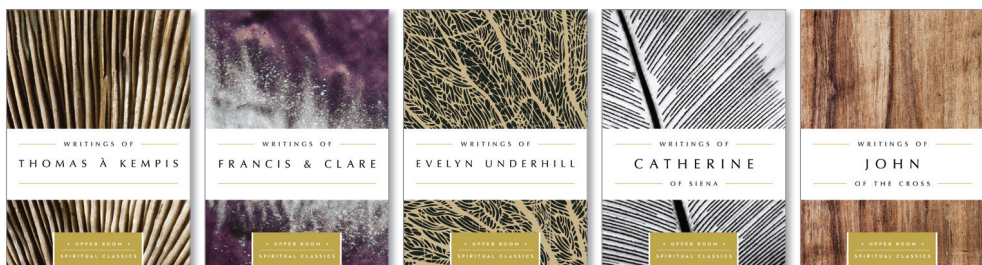
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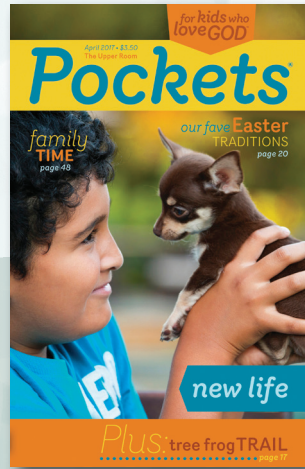


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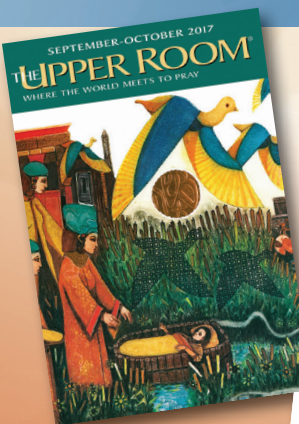


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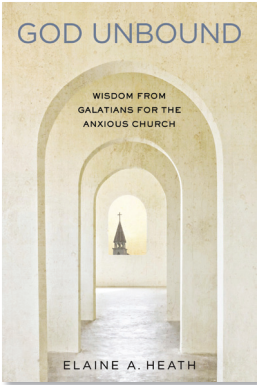
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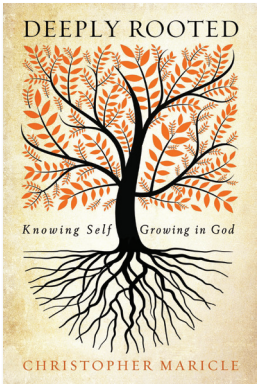
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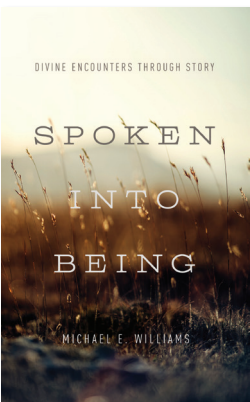
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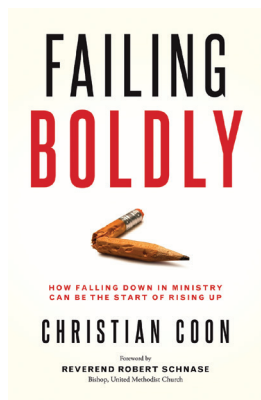
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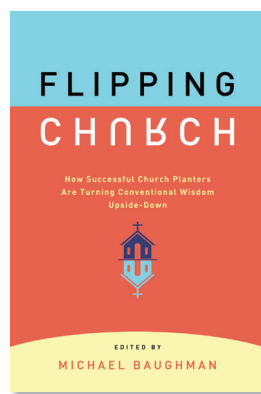
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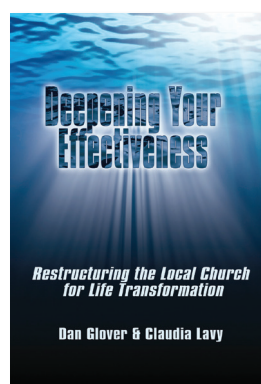


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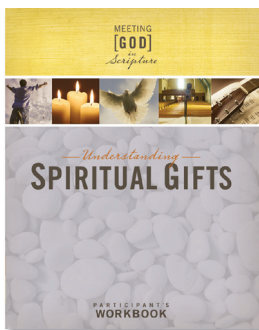
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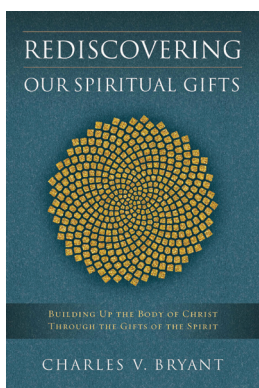
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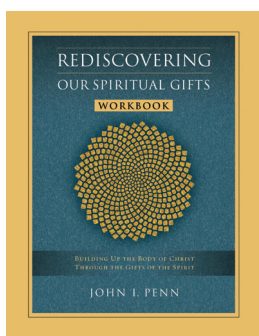
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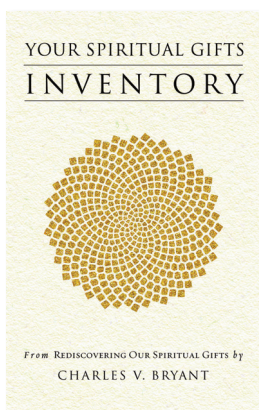


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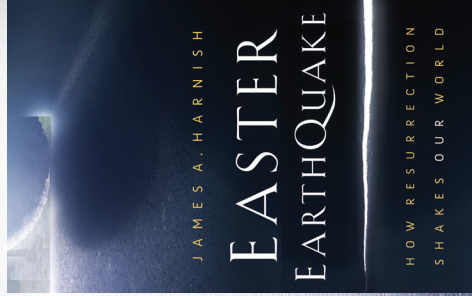
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